

PRACTICE ICE

RINK 2

RINK 1

THURSDAY PM

5:45-6:15 BEG. GIRLS/PRE-PRE/PRE / JUV BOYS
6:15-6:45 PRE-PRE GIRLS COMP MOVES
6:45-7:00 ICE CUT
7:00-7:30 BEG GIRLS&BOYS FS/PRE-PRE BOYS
7:30-8:00 PRE-PRE GIRLS Free Skate
8:00-8:15 ICE CUT
8:15-8:45 PRELIM GIRLS COMP MOVES
8:45-9:15 PRE-JUV GIRLS COMP MOVES

6:30-7:00 JUV&OPEN JUV (SP) / INT.MEN (SP)
7:00-7:30 INT LADIES (SP)
7:30-7:45 ICE CUT
7:45-8:15 JUV&OPEN JUV FS/ PRE-JUV & JUV BOYS FS
8:15-8:45 INT LADIES & MEN FS
8:45-9:00 ICE CUT
9:00-9:30 NOVICE / JR (SP)

FRIDAY AM

6:00-6:30 PRE-JUV GIRLS FS
6:30-7:00 PRELIM GIRLS B FS
7:00-7:15 ICE CUT
7:15-7:45 PRELIM GIRLS A FS
7:45-8:15 BEG.GIRLS&BOYS/ PRE-PRE BOYS
8:15-8:30 ICE CUT
8:30-9:00 PRE-PRE GIRLS FS
9:00-9:15 ICE CUT

5:45-6:15 OPEN
6:15-6:45 JUV&OPEN JUV FS / PRE-JUV BOYS FS
6:45-7:00 ICE CUT
7:00-7:30 INT LADIES & MEN FS
7:30-8:00 JUV PAIRS
8:00-8:15 ICE CUT
8:15-8:45 NOVICE / JR SP/FS
8:45-9:00 ICE CUT

SATURDAY AM

6:00-6:30 PRELIM GIRLS A FS
6:30-7:00 PRELIM GIRLS B FS
7:00-7:30 PRE-JUV GIRLS FS
7:30-7:45 ICE CUT

6:15-6:30 SYNCHRO
6:30-7:00 NOVICE / JR FS
7:00-7:15 ICE CUT

SUNDAY AM

7:30-8:00 Basic Skills Compulsories
8:00-8:30 Basic Skills Free Skate

A limited number of additional practice ice sessions will be available for purchase upon arrival. These will be on a first come, first serve basis. All additional ice practices must be purchased in person at Southern Ice.