

Event Information

Continued

Spins

Skated on 1/2 ice surface

Skaters may compete at their current FS test level or one level higher. Pre-Juvenile through Senior spin requirements are taken from USFSA Rules TR 42.03-42.12.

Connecting steps may be used but will have no effect on scoring.

PrePreliminary: *1 min*

One foot spin, back spin, sit spin

Preliminary: *1 min*

One foot spin, front to back spin, camel spin

PreJuvenile: *1 min 15 sec*

TR 32.03

Juvenile: *1 min 30 sec*

TR 32.04

Intermediate: *1 min 30 sec*

TR 32.05

Novice: *1 min 30 sec*

TR 32.06

Junior: *1 min 30 sec*

TR 32.07

Senior: *1 min 30 sec*

TR 32.08

Adult Bronze: *1 min 15 sec*

TR 32.10

Adult Silver: *1 min 30 sec*

TR 32.11

Adult Gold: *1 min 30 sec*

TR 32.12

Compulsory Moves

Skated on 1/2 ice surface

Eligibility requirements are the same as for Free Skating events. Elements may be skated in any order.

PrePreliminary: *1 min*

Bunny hops (two in a row), lunge, waltz jump, forward spiral, one foot spin, min 3 revs.

Preliminary: *1 min*

Flip jump, single-single jump (axel is considered a single jump), sit-spin, forward spiral, diagonal step sequence.

PreJuvenile: *1 min 15 sec*

Lutz jump; single-single jump (must include loop); combination spin, one change of position, no change of foot; backward spiral, diagonal step sequence.

Adult Bronze: *1 min*

Waltz jump, salchow, one foot spin, forward spiral.

Adult Silver: *1 min 30 sec*

Flip, toe loop, single-single (no axels), sit spin, straightline step sequence.

Adult Gold: *1 min 30 sec*

Lutz, loop, single-single (axel is considered single jump), combination spin, one change of position, no change of foot; straightline step sequence.

Basic Skills Events

Skated on 1/2 ice surface

Entrants in Basic Skills are not permitted to skate in any other events.

Compulsory Moves:

Snowplow Sam: Snow plow stop in place, backward marching, 2 foot glide, 2 foot hop.

Basic 1 & 2: Two foot glide, backwards swizzles, forward two foot sways, moving snowplow stop.

Basic 3 & 4: Forward stroking, one foot snowplow stop, forward two foot sways, backward one foot glides, right and left.

Basic 5 & 6: Forward outside 3 turn, right and left, lunge, two foot spin.

Free Skating:

Music for Free Skating event will be provided to each club. To request music sent to your club, coaches should contact:

Bill Fauver: 615-646-8263

Snowplow Sam: March in place, two foot glide and dip, backward wiggles, two foot hop.

Basic 1 & 2: Glide forward and dip, moving snowplow stop, forward two foot swizzles, backward wiggles, one foot glide, right and left.

Basic 3 & 4: Forward stroking, forward crossovers both directions, backward one foot swizzles on circle, two foot spin.

Basic 5 & 6: Backward stroking, backward crossovers both directions, forward spiral, bunny hop, hockey stop.

Showcase & Interpretive Events

Eligibility requirements are the same as Free Skating

Showcase: Skater provides own music. Music may include vocals. Programs may include one hand held prop (not to be set down).

Interpretive: Music will be provided by Nashville Figure Skating Club.

Groupings for Showcase and Interpretive

Group I: Beg/PrePreliminary

Group II: Prelim/PreJuvenile

Group III: Juv/Intermediate

Group IV: Nov/Junior/Senior

Group V: Adult

Showcase Times

1 min 30 sec Group I

1 min 30 sec Group II

2 min Group III

2 min 30 sec Group IV

2 min Group V